

What to Wear and When to Wear it!

Packing list and Schedule for level 10 Nationals

2017 Dream Team

Pack in your suitcase-Rolling Region 5 Suitcase

- ALL miscellaneous items received at Regionals
- All clothes received at Regionals (missing items will be received at Nationals)

Personal stuff (not provided by Region 5)

- Technology: Phone, charger, ipod, camera, etc
- Swimsuit
- PJs, socks and undies
- Gym shoes
- Hair supplies (hair spray, ponies, clips, etc.)

**Note: Region 5 will provide competition make up. There will be an official "Hair and Make-up Process" prior to each session, conducted by the Coaches assigned.

- Black capris
- Black shorts
- Black leggings or skirt
- Choice shoes for banquet

Pack in your Carry On- Under Armour Backpack

- Grip bag-Ozone drawstring bag
- Grips, Wristbands, wrist guards, tape, etc.
- 3 electronic copies of your music

Thursday- Travel day

- Carry-on bag- Under Armour Backpack
- Game time T-shirt (pink V-neck)
- Black capris (your own)
- Tennis shoes
- Team jacket if needed (red, white and blue embroidery on back)

Friday- Breakfast

- Black shorts (your own)
- Fearless T-shirt
- R5 Socks
- Under Armour slides
- Team jacket if needed

******PUT YOUR NAME ON ALL ITEMS******

Friday- Workout (same as above PLUS)

- GK tank leo (provided at Nationals)
- Blinking glasses (provided at Nationals)
- Ozone drawstring bag for grips, wristbands, tape, etc
- Under Armour backpack- pack drawstring bag
- MUSIC

Friday-Banquet

- Black leggings/skirt (your own)
- Pink middie tank
- Bling open back shirt
- Choice shoes (your own)
- R5 EOS
- R5 Popsocket
- R5 Bracelet
- Favorite College Hat

Saturday- Competition day!

If you are competing:

- GK Long sleeve leo
- GK Jacket and pants
- Appropriate briefs/bra
- Slides
- Hair ribbon & Bun maker
- Blinking glasses

If you are not competing:

- Elite shorts
- Boyfriend tank (black R5)
- Pom Pom Hoodie
- Baseball cap (choice)

Sunday- Competition day!

If you are competing:

- GK Long sleeve leo
- GK Jacket and pants
- Appropriate briefs/bra
- Slides
- Hair ribbon & Bun maker
- Blinking glasses

If you are not competing:

- Preppy patch t-shirt
- Fleece capris
- Ombre crewneck if needed

******PUT YOUT NAME ON ALL ITEMS******